

AT THE NET

BUCKNELL VOLLEYBALL NEWSLETTER
SEPTEMBER 2014



It is great to be writing the first newsletter of the year! Summer flew by and we were busy recruiting, doing some camps and preparing for the arrival of our 2014 season. I am pleased to announce that we have a great staff this year, Eric Ragan joined us last March and Ryan Adams joined us in August and both will add tremendously to our program.

We opened our season at Cal State Fullerton and I could not be more pleased with our results. We came home 1-2, we beat Sacred Heart and we lost two matches against very strong teams in Cal State Fullerton and Texas Tech; our young women competed and fought for every point – and that is what I wanted to see, resilience, persistence and a will to win. This past weekend we played a tough tournament at Columbia and although we did not come home with positive results on the score board- we learned valuable lessons that we hope to carry to our Patriot League season.

During this preseason we talked a lot about having a growth-mindset, about being a learner every time they step on the court, and accepting and finding ways to overcome challenges. Believing that all adversity can make you better- on and off the court, I keep telling them to trust the process, and I am happy to say that we are going in the right direction.

Our season is still very young and the Patriot League is more competitive than ever. Out of region trips allow us to increase our level of competition and enrich our student-athletes experience. It was awesome to see some alumni, friends and parents in the stands- even parents of graduated players came to see us. And as you know, we cannot do what we do without your support- the entire trip was funded thanks to generous donations from alumni, parents and friends of the program. I hope I can continue to count on your support in order to give our young women these incredible opportunities on and off the court.

RYAN ADAMS- ASSISTANT COACH

I'm super excited to become a Bison and join this staff. It will be an amazing experience to work with such a fantastic group of women. Volleyball has become a sport that I absolutely love and I can't wait to instill the passion for the game that I have developed over the past decade, as both a player and a coach, within our student athletes.

I spent the 2013 season as an assistant coach at Northwest Nazarene University and helped lead the team to one of the best seasons in school history posting a mark of 18-6. Prior to that season I spent the 2012 season as a volunteer assistant coach at the University of Idaho. During my collegiate playing career I was an Academic All-American at California State University Northridge which is one of the top NCAA Division I Men's Volleyball programs in the country.



BUVB 2014 SCHEDULE

FRI AUG 29	at CAL STATE FULLERTON	7 PM
SAT AUG 30	TEXAS TECH at FULLERTON	10 AM
	SACRED HEART at FULLERTON	4 PM
FRI SEPT 5	at COLUMBIA	7:30 PM
SAT SEPT 6	FAIRFIELD at COLUMBIA	10 AM
	STONY BROOK at COLUMBIA	4:30 PM
SAT SEPT 13	UCONN	11:30 AM
	CORNELL	4:30 PM
FRI SEPT 19	ARMY	7 PM
SAT SEPT 20	HOLY CROSS	5 PM
FRI SEPT 26	at AMERICAN	7 PM
SAT SEPT 27	at NAVY	4 PM
FRI OCT 3	at LEHIGH	7 PM
SAT OCT 4	LAFAYETTE	5 PM
SAT OCT 11	at LOYOLA	4 PM
MON OCT 13	COLGATE	4 PM
SAT OCT 18	at COLGATE	4 PM
FRI OCT 24	at HOLY CROSS	7 PM
SAT OCT 25	at ARMY	4 PM
FRI OCT 31	NAVY	7 PM
SAT NOV 1	AMERICAN	5 PM
FRI NOV 7	at LAFAYETTE	7 PM
SAT NOV 8	LEHIGH	5 PM
FRI NOV 14	LOYOLA	7 PM
SAT NOV 15	NJIT	4 PM

SAT/SUN NOV 22-23

PATRIOT LEAGUE TOURNEY

SUPPORT BISON VOLLEYBALL

Thank you for your continued support of Bucknell Volleyball. Without it, our institution and program would not be able to give our student-athletes the incredible experiences they are currently afforded.

TO MAKE A GIFT:

- Visit <http://www.bucknell.edu/script/gifts/>
- Designate "Bison Club" and "Women's Volleyball"



BUVB CLASS OF 2018



STEF ALPERT

6' OH - Huntington, NY

"Our team really is a family. It's awesome to play in an environment where everyone is learning and working hard to get better and be competitive. We have a great team dynamic and I'm excited to see how much we grow."



CELESTE BARKER

6' MB - San Francisco, CA

"The best part is getting to play the sport you love with people who love it just as equally. Everyone wants to get better and improve. We support and push each other to be the best we can be and we do it as a team."



LUZ NAGLE

6' S - Saint Petersburg, FL

What is the best part about being part of BUVB so far?

"Karen Campbell '16."



HANA SAWANOBORI

5'8" DS - Warren, NJ

"I love knowing that I can trust my teammates to make me better by serving or hitting hard at me, or that by being relentless on defense I'm challenging our hitters. We are always working together towards a long term goal."



JENNA SLUSAR

5'7" DS - Annandale, NJ

"Even though you're away from your family for the first time, you gain a new one with the team. It's the best feeling to know 15 young women already have your back. And the free stuff isn't bad either."



HAILEY STOUT

6'1" OH - Austin, TX

"I really enjoy everyone having a positive attitude and having a growth mindset and not being afraid to take on challenges. We all face them AS ONE."

BUVBASONE



USA VOLLEYBALL NATIONAL TEAM PRACTICE

Our trip to California also allowed us to do something that very few teams in the country have the opportunity to do. We went to see the US Women's National Team practice and had the good fortune of spending one hour talking with head coach Karch Kiraly and of some of the best players in the world in Courtney Thompson and Alisha Glass. It was an extremely enriching conversation, where they shared their personal experiences, and our young women got to hear Coach Kiraly speak of how the US team is using the growth mindset to prepare them for the next Olympic Games in 2016.



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Bucknell University
Lewisburg, PA 17837

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Contact the Bison Coaching Staff

Head Coach Anna Allison: ala015@bucknell.edu (570)577-3048

Assistant Coach Ryan Adams: rea012@bucknell.edu (570)577-1076

Assistant Coach Eric Ragan: elr016@bucknell.edu (570)577-7219